

提昇異位性皮膚炎的治療效果：從外用類固醇到生物製劑

Optimizing the treatment of atopic dermatitis:

From topical steroid to biologics

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Atopic dermatitis (AD) is a common, chronic inflammatory skin disease affecting both children and adults. Atopic dermatitis can have a profound effect on the quality of life for both the patient and their families. Patients with AD exhibit dry skin, pruritic erythema and experience intractable itching. Treatments of AD are primarily topical. For more severe cases, phototherapy and immunosuppressants are used. However, it is not infrequent to encounter patients with AD who posed therapeutic challenges to physicians. In this presentation, I will present some of our recent works on different modalities, including topical, photo, and biologic therapies for treating AD.