中文題目:使用 CHA₂DS₂-VASc Score 預測類風濕性女性病人缺血性中風風險--以台灣健保資料庫

英文題目: CHA₂DS₂-VASc Score to Predict Risk of Ischemic Stroke among Female Rheumatoid Arthritis Patients without Atrial Fibrillation – population-based claims data

作 者:王思讚 4,5,6 、黃凱婧 4,5,6 、許嘉紋 1 、辜美安 2,3 、呂明錡 1,4,5,6 、賴寧生 4,5

服務單位:¹佛教慈濟醫療財團法人大林慈濟醫院研究部,²慈濟科技大學長期照護研究所,³加拿大多倫多大學公共衛生學院,⁴慈濟大學醫學系,⁵佛教慈濟醫療財團法人大林慈濟醫院內科部,⁶佛教慈濟醫療財團法人大林慈濟醫院過敏免疫風濕科

Background:

Rheumatoid arthritis (RA) possessed a higher risk of stroke compared with the general population or noninflammatory arthropathies, and the risk of long-term disability after stroke is also higher^{1,2,3}. The aim of this study was to assess CHA₂DS₂-VASc score prediction of ischemic stroke risk among Taiwanese female RA patients without atrial fibrillation (AF).

Methods:

The retrospective cohort study used claims data from the Longitudinal Health Insurance Database 2000, we identified ischemic stroke and comorbidities based on ICD-9-CM code. The CHADS₂ and CHA₂DS₂-VASc score was calculated according to the following algorithm with 4 and 8 variables that observation period was one year, respectively. The predictive ability of the CHADS₂ score and CHA₂DS₂-VASc score for ischemic stroke used receiver operating characteristic (ROC) curve to calculate. Using univariate and multiple Poisson regression models to assess the incidence rate ratios (IRRs) of outcomes.

Results:

We identified 477 non-AF RA patients included in the study. The mean age was 52.91±14.01 year-old, and 34.8% had at least one comorbidities.

ROC curve analysis displayed CHADS₂ and CHA₂DS₂-VASc score were 0.53 (95% CI 0.42–0.64, p = 0.588) and 0.72 (95% CI 0.64–0.82, p < 0.001), respectively. The incidence rates of ischemic stroke were 18.36 and 145.11 per 10,000 person-years in patients with CHA₂DS₂-VASc score 0–1 and \geq 2, respectively. Patients with CHA₂DS₂-VASc score \geq 2 significantly higher to experience an ischemic stroke for a follow-up of 5 and 10 years (adjusted IRR=5.02, 95% CI 1.01–25.02, p < 0.049 and

adjusted IRR=8.84, 95% CI 2.99–26.16, p < 0.001, respectively).

Conclusion:

CHADS₂ score is insufficient to predict risk of ischemic stroke in patients with non-AF female RA. The CHA₂DS₂-VASc score was able to moderately predict the ischemic stroke risk in those patients especially in those with a CHA₂DS₂-VASc score of \geq 2. Taiwanese female RA patients without AF possessed a significantly higher of ischemic stroke after follow up of five years.